

FoodRight's Live Winter Sowing Lesson

with Chef Lisa!

Wed 3/17 at **11:30am** on Facebook Live **@FoodRightInc**

Bring these things to the lesson:

Winter Sowing Supplies

- Scissors
- Watering can (with water)
- Work surface
- Soil
- **Prepared*** & **cleaned transparent** milk jugs, plastic lettuce containers, 2 L soda bottles
- Duct tape
- Frost-tolerant seeds (lettuces, peas, cilantro, etc.)
- Drill or screwdriver
- Tray or tub

Winter Sowing Prep Video:

Learn how to prepare your milk jugs with this prep video from Chef Lisa!

[Click here to watch!](#)

