

# Food Right

Grow Strong. Live Long. Cook.



## Our Programs

**Youth Chef Academy**

*for K5 - 10th grade*

**Growing Chefs**

*for 1st-3rd grade*

**Cooks for Life**

*for Adults & Families*

## FoodRight Aims...

To empower youth to choose foods that sustain life-long health through hands-on, culinary nutrition education in schools & the community.

### Contact:

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connect with us!



[www.foodright.org](http://www.foodright.org)  
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