

FRiday Community Cooking Night

Whole Wheat Margherita Pizza

Fri 5/21 at **4:00pm** on Facebook Live @FoodRightInc

Bring these things to the lesson:

Pizza Ingredients

Dough Ingredients

- 1 cup lukewarm water
- 1 packet active dry yeast
- 2 tsp sugar
- 1 tsp salt
- 2 Tbsp olive oil + 1 Tbsp to drizzle
- 2 cups whole wheat flour + 1/2 cup for work surface & kneading

Simple Tomato Sauce Ingredients

- 1 (15 oz) can tomato sauce
- 2 tsp sugar
- 1 tsp garlic powder
- 1 tsp onion powder
- 1 tsp dried oregano
- 1/2 tsp salt
- 1/4 tsp black pepper

Pizza Ingredients

- 1 cup shredded mozzarella
- 1 1/2 cup tomato sauce

Toppings

- 2 Tbsp fresh basil *chiffonade* (or substitute 2 tsp dry basil)
- 2 Roa tomatoes, thinly sliced (1/4 inch thick slices)



Cooking Equipment

- Baking sheet or pizza stone
- Can opener
- Cutting board
- Dry measuring cups
- Hot mitts
- Clean, dry kitchen towel
- Large mixing bowl
- Whisk or fork for mixing — yeast mixture
- Liquid measuring cup
- Measuring spoons
- Oven & stove
- Chef's knife or paring knife
- Rubber spatula
- Scissors — for fresh basil (optional)
- Small pot or saucepan with lid
- Spoon